

**Greater Western Region Track & Field**  
**Secondary Track & Field Championships 2019**  
**Llanberris Athletics Track - 16/09/2019**  
**Session Report**

Session: 1 Track Events  
Day 1 - Monday 16/09/2019 - Starts at 10:00 AM

Event	Round
10:00 AM #1 Girls Open 3000 Meter Run	Finals
10:00 AM #2 Boys Open 3000 Meter Run	Finals
10:15 AM #11 Girls 12-15 1500 Meter Race Walk	Finals
10:15 AM #12 Boys 12-15 1500 Meter Race Walk	Finals
10:15 AM #13 Boys 18-20 110 Meter Hurdles 99.1 cm	Finals
10:19 AM #14 Boys 17 Year Olds 110 Meter Hurdles 91.4 cm	Finals
10:23 AM #15 Boys 16 Year Olds 110 Meter Hurdles 91.4 cm	Finals
10:27 AM #26 Girls 18-20 100 Meter Hurdles 84 cm	Finals
10:28 AM #27 Girls 16-20 1500 Meter Race Walk	Finals
10:28 AM #28 Boys 16-20 1500 Meter Race Walk	Finals
10:30 AM #29 Boys 15 Year Olds 100 Meter Hurdles 84 cm	Finals
10:33 AM #30 Boys 14 Year Olds 100 Meter Hurdles 84 cm	Finals
10:37 AM #31 Girls 17 Year Olds 100 Meter Hurdles 76.2 cm	Finals
10:41 AM #32 Girls 16 Year Olds 100 Meter Hurdles 76.2 cm	Finals
10:44 AM #33 Girls 15 Year Olds 90 Meter Hurdles 76.2	Finals
10:48 AM #34 Girls 14 Year Olds 90 Meter Hurdles 76.2	Finals
10:51 AM #43 Boys 12-13 90 Meter Hurdles 76.2	Finals
10:54 AM #44 Girls 12-13 80 Meter Hurdles 76.2	Finals
11:15 AM #51 Girls 12-13 100 Meter Dash	Finals
11:17 AM #52 Boys 12-13 100 Meter Dash	Finals
11:19 AM #53 Girls 14 Year Olds 100 Meter Dash	Finals
11:21 AM #54 Boys 14 Year Olds 100 Meter Dash	Finals
11:23 AM #55 Girls 15 Year Olds 100 Meter Dash	Finals
11:25 AM #56 Boys 15 Year Olds 100 Meter Dash	Finals
11:27 AM #57 Girls 16 Year Olds 100 Meter Dash	Finals
11:29 AM #58 Boys 16 Year Olds 100 Meter Dash	Finals
11:31 AM #59 Girls 17 Year Olds 100 Meter Dash	Finals
11:33 AM #60 Boys 17 Year Olds 100 Meter Dash	Finals
11:35 AM #61 Girls 18-20 100 Meter Dash	Finals
11:37 AM #62 Girls 12-15 100 Meter Dash Multi-Class MULTICLASS	Finals
11:37 AM #63 Girls 16-20 100 Meter Dash Multi-Class MULTICLASS	Finals
11:39 AM #64 Boys 18-20 100 Meter Dash	Finals
11:41 AM #75 Boys 12-15 100 Meter Dash Multi-Class MULTICLASS	Finals
11:41 AM #76 Boys 16-20 100 Meter Dash Multi-Class MULTICLASS	Finals
11:46 AM #77 Girls 12-13 800 Meter Run	Finals
11:50 AM #78 Boys 12-13 800 Meter Run	Finals
11:54 AM #79 Girls 14 Year Olds 800 Meter Run	Finals
11:58 AM #80 Boys 14 Year Olds 800 Meter Run	Finals
12:02 PM #81 Girls 15 Year Olds 800 Meter Run	Finals
12:06 PM #82 Boys 15 Year Olds 800 Meter Run	Finals
12:10 PM #89 Girls 16 Year Olds 800 Meter Run	Finals
12:14 PM #90 Boys 16 Year Olds 800 Meter Run	Finals
12:18 PM #91 Girls 17 Year Olds 800 Meter Run	Finals
12:22 PM #92 Boys 17 Year Olds 800 Meter Run	Finals
12:26 PM #93 Girls 18-20 800 Meter Run	Finals
12:30 PM #94 Boys 18-20 800 Meter Run	Finals

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Event	Round
12:33 PM #101 Girls 12-13 200 Meter Dash	Finals
12:35 PM #102 Boys 12-13 200 Meter Dash	Finals
12:37 PM #103 Girls 14 Year Olds 200 Meter Dash	Finals
12:39 PM #104 Boys 14 Year Olds 200 Meter Dash	Finals
12:41 PM #105 Girls 15 Year Olds 200 Meter Dash	Finals
12:43 PM #106 Boys 15 Year Olds 200 Meter Dash	Finals
12:45 PM #107 Girls 16 Year Olds 200 Meter Dash	Finals
12:47 PM #108 Boys 16 Year Olds 200 Meter Dash	Finals
12:49 PM #109 Girls 17 Year Olds 200 Meter Dash	Finals
12:51 PM #110 Boys 17 Year Olds 200 Meter Dash	Finals
12:53 PM #111 Girls 18-20 200 Meter Dash	Finals
12:55 PM #112 Girls 12-15 200 Meter Dash Multi-Class MULTICLASS	Finals
12:55 PM #113 Girls 16-20 200 Meter Dash Multi-Class MULTICLASS	Finals
12:57 PM #118 Boys 18-20 200 Meter Dash	Finals
12:59 PM #119 Boys 12-15 200 Meter Dash Multi-Class MULTICLASS	Finals
12:59 PM #120 Boys 16-20 200 Meter Dash Multi-Class MULTICLASS	Finals
1:09 PM #121 Girls 12-13 400 Meter Run	Finals
1:12 PM #122 Boys 12-13 400 Meter Run	Finals
1:15 PM #123 Girls 14 Year Olds 400 Meter Run	Finals
1:18 PM #124 Boys 14 Year Olds 400 Meter Run	Finals
1:21 PM #133 Girls 15 Year Olds 400 Meter Run	Finals
1:24 PM #134 Boys 15 Year Olds 400 Meter Run	Finals
1:27 PM #135 Girls 16 Year Olds 400 Meter Run	Finals
1:30 PM #136 Boys 16 Year Olds 400 Meter Run	Finals
1:33 PM #137 Girls 17 Year Olds 400 Meter Run	Finals
1:36 PM #138 Boys 17 Year Olds 400 Meter Run	Finals
1:39 PM #139 Girls 18-20 400 Meter Run	Finals
1:42 PM #140 Boys 18-20 400 Meter Run	Finals
1:45 PM #145 Girls 12-13 1500 Meter Run	Finals
1:45 PM #146 Boys 12-13 1500 Meter Run	Finals
1:52 PM #147 Girls 14 Year Olds 1500 Meter Run	Finals
1:52 PM #148 Boys 14 Year Olds 1500 Meter Run	Finals
1:59 PM #149 Girls 15 Year Olds 1500 Meter Run	Finals
1:59 PM #150 Boys 15 Year Olds 1500 Meter Run	Finals
2:06 PM #151 Girls 16 Year Olds 1500 Meter Run	Finals
2:06 PM #152 Boys 16 Year Olds 1500 Meter Run	Finals
2:13 PM #159 Girls 17 Year Olds 1500 Meter Run	Finals
2:13 PM #160 Boys 17 Year Olds 1500 Meter Run	Finals
2:20 PM #161 Girls 18-20 1500 Meter Run	Finals
2:20 PM #162 Boys 18-20 1500 Meter Run	Finals
2:27 PM #163 Girls 12-13 4x100 Meter Relay	Finals
2:30 PM #164 Boys 12-13 4x100 Meter Relay	Finals
2:35 PM #169 Girls 14 Year Olds 4x100 Meter Relay	Finals
2:38 PM #170 Boys 14 Year Olds 4x100 Meter Relay	Finals
2:41 PM #171 Girls 15 Year Olds 4x100 Meter Relay	Finals
2:44 PM #172 Boys 15 Year Olds 4x100 Meter Relay	Finals

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<b>Event</b>	<b>Round</b>
2:47 PM #173 Girls 16 Year Olds 4x100 Meter Relay	Finals
2:50 PM #174 Boys 16 Year Olds 4x100 Meter Relay	Finals
2:53 PM #175 Girls 17 Year Olds 4x100 Meter Relay	Finals
2:56 PM #176 Boys 17 Year Olds 4x100 Meter Relay	Finals
2:59 PM #177 Girls 18-20 4x100 Meter Relay	Finals
3:02 PM #178 Boys 18-20 4x100 Meter Relay	Finals

**Greater Western Region Track & Field  
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Session: 2 Field Events  
Day 1 - Monday 16/09/2019 - Starts at 10:00 AM

Event	Round
10:00 AM #3 Boys 12-13 High Jump Pit 1	Finals
10:00 AM #4 Girls 12-13 High Jump Pit 2	Finals
10:00 AM #5 Girls 14 Year Olds Long Jump	Finals
10:00 AM #6 Boys 14 Year Olds Triple Jump	Finals
10:00 AM #7 Girls 15 Year Olds Shot Put 3 kg	Finals
10:00 AM #8 Boys 15 Year Olds Shot Put 4 kg	Finals
10:00 AM #9 Girls 16 Year Olds Discus Throw 1 kg	Finals
10:00 AM #10 Boys 16 Year Olds Javelin Throw 700 g	Finals
10:25 AM #16 Girls 17 Year Olds Long Jump	Finals
10:25 AM #17 Boys 17 Year Olds Triple Jump	Finals
10:25 AM #18 Girls 18-20 Shot Put 4 kg	Finals
10:25 AM #19 Girls 12-15 Shot Put Multi-Class MULTICLASS	Finals
10:25 AM #20 Girls 16-20 Shot Put Multi-Class MULTICLASS	Finals
10:25 AM #21 Boys 18-20 Shot Put 6 kg	Finals
10:25 AM #22 Boys 12-15 Shot Put Multi-Class MULTICLASS	Finals
10:25 AM #23 Boys 16-20 Shot Put Multi-Class MULTICLASS	Finals
10:25 AM #24 Girls 15 Year Olds Discus Throw 1 kg	Finals
10:25 AM #25 Boys 15 Year Olds Javelin Throw 700 g	Finals
10:50 AM #35 Boys 14 Year Olds High Jump Pit 1	Finals
10:50 AM #36 Girls 14 Year Olds High Jump Pit 2	Finals
10:50 AM #37 Girls 16 Year Olds Long Jump	Finals
10:50 AM #38 Boys 16 Year Olds Triple Jump	Finals
10:50 AM #39 Girls 12-13 Shot Put 3 kg	Finals
10:50 AM #40 Boys 12-13 Shot Put 3 kg	Finals
10:50 AM #41 Girls 18-20 Discus Throw 1 kg	Finals
10:50 AM #42 Boys 18-20 Javelin Throw 800 g	Finals
11:15 AM #45 Girls 15 Year Olds Long Jump	Finals
11:15 AM #46 Boys 15 Year Olds Triple Jump	Finals
11:15 AM #47 Girls 16 Year Olds Shot Put 3 kg	Finals
11:15 AM #48 Boys 16 Year Olds Shot Put 5 kg	Finals
11:15 AM #49 Girls 17 Year Olds Discus Throw 1 kg	Finals
11:15 AM #50 Boys 17 Year Olds Javelin Throw 700 g	Finals
11:40 AM #65 Boys 16 Year Olds High Jump Pit 1	Finals
11:40 AM #66 Girls 16 Year Olds High Jump Pit 2	Finals
11:40 AM #67 Girls 18-20 Long Jump	Finals
11:40 AM #68 Girls 12-15 Long Jump Multi-Class MULTICLASS	Finals
11:40 AM #69 Boys 16-20 Long Jump Multi-Class MULTICLASS	Finals
11:40 AM #70 Boys 18-20 Triple Jump	Finals
11:40 AM #71 Girls 14 Year Olds Shot Put 3 kg	Finals
11:40 AM #72 Boys 14 Year Olds Shot Put 4 kg	Finals
11:40 AM #73 Girls 12-13 Discus Throw 1 kg	Finals
11:40 AM #74 Boys 12-13 Javelin Throw 600 g	Finals
12:05 PM #83 Girls 12-13 Long Jump	Finals
12:05 PM #84 Boys 12-13 Triple Jump	Finals
12:05 PM #85 Girls 17 Year Olds Shot Put 3 kg	Finals
12:05 PM #86 Boys 17 Year Olds Shot Put 5 kg	Finals

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Event	Round
12:05 PM #87 Girls 14 Year Olds Discus Throw 1 kg	Finals
12:05 PM #88 Boys 14 Year Olds Javelin Throw 700 g	Finals
12:30 PM #95 Boys 15 Year Olds High Jump Pit 1	Finals
12:30 PM #96 Girls 15 Year Olds High Jump Pit 2	Finals
12:30 PM #97 Boys 17 Year Olds Long Jump	Finals
12:30 PM #98 Girls 17 Year Olds Triple Jump	Finals
12:30 PM #99 Boys 18-20 Discus Throw 1.75 kg	Finals
12:30 PM #100 Girls 18-20 Javelin Throw 600 g	Finals
12:55 PM #114 Boys 12-13 Long Jump	Finals
12:55 PM #115 Girls 12-13 Triple Jump	Finals
12:55 PM #116 Boys 14 Year Olds Discus Throw 1 kg	Finals
12:55 PM #117 Girls 14 Year Olds Javelin Throw 500 g	Finals
1:20 PM #125 Boys 17 Year Olds High Jump Pit 1	Finals
1:20 PM #126 Girls 17 Year Olds High Jump Pit 2	Finals
1:20 PM #127 Boys 18-20 Long Jump	Finals
1:20 PM #128 Boys 12-15 Long Jump Multi-Class MULTICLASS	Finals
1:20 PM #129 Girls 16-20 Long Jump Multi-Class MULTICLASS	Finals
1:20 PM #130 Girls 18-20 Triple Jump	Finals
1:20 PM #131 Boys 15 Year Olds Discus Throw 1 kg	Finals
1:20 PM #132 Girls 15 Year Olds Javelin Throw 500 g	Finals
1:45 PM #141 Boys 14 Year Olds Long Jump	Finals
1:45 PM #142 Girls 14 Year Olds Triple Jump	Finals
1:45 PM #143 Boys 16 Year Olds Discus Throw 1.5 kg	Finals
1:45 PM #144 Girls 16 Year Olds Javelin Throw 500 g	Finals
2:05 PM #153 Boys 18-20 High Jump Pit 1	Finals
2:05 PM #154 Girls 18-20 High Jump Pit 2	Finals
2:05 PM #155 Boys 15 Year Olds Long Jump	Finals
2:05 PM #156 Girls 15 Year Olds Triple Jump	Finals
2:05 PM #157 Boys 12-13 Discus Throw 1 kg	Finals
2:05 PM #158 Girls 12-13 Javelin Throw 400 g	Finals
2:35 PM #165 Boys 16 Year Olds Long Jump	Finals
2:35 PM #166 Girls 16 Year Olds Triple Jump	Finals
2:35 PM #167 Boys 17 Year Olds Discus Throw 1.5 kg	Finals
2:35 PM #168 Girls 17 Year Olds Javelin Throw 500 g	Finals